

To the malicious

On the occasion of the Master seminar: "The new pharmacy between health and well-being" organized by the pharmacy department of the University of Pisa, which provides insights on "cosmetics, homeopathic medicines, products for complementary medicine, pesticides and healthcare marketing", the malicious are awakened. Sounding the accusation was Marco Malvaldi, novelist, essayist nationally known, as well as a research chemist in the department of chemistry and industrial chemistry of University of Pisa. He considers homeopathy as "fresh water".

Personally I think that the valuations should be entrusted to empirical investigations, if you do not want them to take the risk of becoming mere acts of faith in a positive or negative way. So once again the criticism is based on beliefs that go beyond specific clinical observations, fuelling a spiral that promotes the differences rather than compose them.

It is certainly a fact that the official medicine in the last two centuries, i.e. since Hahnemann formulated the principles of homeopathy, has made enormous strides thanks to the developments in scientific research, while homeopathy is still on the original formulation of Hahnemann. Marco Malvaldi said that in the University should not be taught an absurd discipline, such as homeopathy, which has no scientific basis and for which is alienated to science. Curiously, the discoveries of this very science are those that have driven the ongoing medical culture. It could only plead that the evolution of the medical culture is not a linear process in which the fundamentals have changed and are changing, but it is the framework for the evaluation of the physiological processes or the functioning of the organs, which is gradually articulated and enriched over the years. Something which appears today unimportant can no longer be so tomorrow, and the recording of the side effects of therapies which held to be effective (see the use of cortisones, antibiotics, and others) require a course correction that had not been foreseen and which is not predictable. Why, exactly, because science does not provide definitive certainties. But if it does not provide definitive certainties, then the outright rejection of the alternative doctors methods can not be based on the fact that these methods are more or less distant from the scientific procedures compared with conventional medicine.

In human history the "scientific status" many times has opposed to the new discoveries and has delayed their exploitation. When these critics invoke the "scientific evidence" do nothing more than to invoke the beliefs that predominate at the particular time. But every true discovery contains many new elements, which science will approve much later. Every discovery precedes its time, and in many cases over many centuries. The same may happen with homeopathy.

We must not forget that when Galileo declared that the earth revolves around the sun, was in contrary to the common experience. The truth about homeopathy will probably be equally revolutionary.

So when you criticize homeopathy and its basic principles, you must not forget two things:

- 1) That homeopathy, when applied in the right way, heals radically, without any side effects, both acute and chronic diseases.
- 2) That it has survived for over two centuries and is continually gaining ground despite the fiercest opponents.

The accusers need to know that in all diseases, acute or chronic, what is disturbed from the beginning is not the material body, but the body's dynamic balance. That the harmful factors disturb the body, not in a material-chemical way but in a dynamic way. In agreement with this assumption, homeopathy moves the field of its therapeutic action from the material body to the dynamic one, which is located well beyond the material of the body organs.

If the physician really wants to be therapist, must use energy medicines, which have the ability to influence this dynamic field.

Homeopaths claim that the real cause of disease is not due to the attack of the organism by a pathogen, but is due to an inherent weakness in the body's defense mechanism that decreases its ability to deal with and to neutralize the harmful factor. Consequently through the homeopathic medicine the body's defence mechanism is reinforced so that it can neutralize the pathogen agent.

Homeopathy in its long history has been accused by those who would be damaged if its effectiveness is recognized. Their main argument is that the results obtained by the homeopathic treatment are nothing more than a placebo effect. Homeopaths, however, have the best results in paediatric and veterinary cases, namely in cases where the auto-suggestion is obviously difficult.

The great misconception that existed until now is due to the fact that conventional medicine and homeopathic medicine have failed to gain a real and substantial communication between them. This results in a lack of understanding between the two parties and an inability to understand that the one therapeutic method cannot enter the field of the other and therefore these two treatment methods are actually complementary and not antagonistic.

I tell the accusers to use their energy in creative things and not to condemn the other medical methods, and in particular the homeopathy, since they ignore its method.

I advise those critics to come closer to homeopathy to experiment with the drugs, or to heal – if they are suffering – and after the homeopathic treatment they will certainly be more curious and less malicious. It is well known that in terms of evaluation, being curious is less serious than being malicious.

As a representative of this Master course, as a lecturer in homeopathy, I want to thank the Dean of the pharmacy department of the University of Pisa, Professor Federico Da Settimo, director of the Master course, for the opportunity he gave me to explain scientifically the method used and the results from the most representative clinical studies to demonstrate the efficacy of homeopathic medicines. Videotaped cases would be presented where the patients testify to their healing.

And to finish:

The treatment with homeopathy has two advantages:

- a) People get sick less because the homeopathic medicine boosts the body's defense mechanism.
- b) Reduction of health costs as the price of the medicines is lower.

Dr. Ioannis Konstantos
Unicist Homeopath doctor

Director of the International Academy of Classical Homeopathy "Pieria" in Pisa
The Academy is accredited for physicians by the Tuscany Region

Pisa 06/04/2016